

The heartbeat directory : Central HK Shopping Guide

active wear

rush sport

T +852 2526 0113

G/F, Wilson House, 19-27 Wyndham Street, Central HK

Founded in 2000, we stock international fitness and leisurewear brands including Seafolly, Running Bare, Wahine, Ipa-Nima, Crocs, Fitflop and Havaianas.

groceries

city'super

T +852 2956 2668

8/F, Wharf T&T Centre, Harbour City, 7 Canton Road, Tsim Sha Tsui, KowloonHK
A wide range of fresh, organic and whole foods

meatmarket.hk

T +852 8135 1394

Level 15, Units 1 & 2 Oceanic Industrial Centre, 2 Lee Lok Street, Ap Lei Chau, HK
Home delivery of fresh vegetables & fruit, free-range hormone antibiotic-free, grass-fed meat and eggs

o2h

T +852 2523 3123

Shop A, G/F, World Trust Tower, 50 Stanley Street, Central, HK
An organic health food shop with fresh vegetable & fruits shop offering home delivery, online personal care & cosmetics and wholesale services.

Oliver's The Delicatessen

T +852 2810 7710

2/F, Prince's Building, 10 Chater Road, Central, HK
A wide range of natural, organic and health foods from the world available in store.

Pioneer Coffee Ltd

T +852 2345 7059

Unit A, 14/F, Good Luck Industrial Building, 105 How Ming Street, Kwun Tong, KowloonHK
Buy Rainforest Alliance Certified coffee online - freshly roasted coffee beans, coffee classes and accessories; roasted to order and delivered.

Tenderloin Fine Food Ltd

T +852 2877 2733

2602 Universal Trade Centre, 3-5 Arbutnot Road, Central, HK
Home delivery of imported certified organic poultry and other foods

ThreeSixty

T +852 2299 3838

3-4/F, The Landmark, 15 Queen's Road Central, Central, HK
Asia's widest selection of organic, natural, healthy and delicious meal solutions.

intuitive arts

The New Age Shop

T +852 2810 8694

7 Old Bailey Street, Soho, Central, HK
International psychics & healers; workshops; crystals, jewelry, books, music, personal care products

lifestyle shops

Green Concepts Co Ltd

T +852 3113 5848

2/F, Ming Fat Building, 74 Wellington Street, Central, HK
Comprehensive health shop with over 2,000 different health food and health products to satisfy your total health care needs

lifestyle shops

Health Gate

T +852 2545 2286

8/F, Hung Tak Building, 106-108 Des Voeux Road, Central HK
Organic, natural and gluten-free health foods and supplements, personal care, cosmetics, maternity baby care, home essentials; Asia-wide delivery; online personal care & cosmetics

Organic Living Ltd.

T +852 2518 4988

Room 107, Federal Building, 369 Lockhart Road, Wan Chai HK
Online personal care & cosmetics for food, household items, personal care & supplements; keeping harmful chemicals away from our food and daily life.

personal care & cosmetics

DK Aromatherapy

T +852 2771 2847

G/F, 16A Staunton Street HK
DK aromatherapy is a natural healthcare centre. We stock organic essential oils, massage oils and offer aromatherapy treatments and workshops.

Melvita

T +852 2234 7390

Shop 1088A, Podium Level 1, ifc mall, 8 Finance Street, Central, HK
Shops offer authentic personal care products and cosmetics meet ECOCERT natural and organic cosmetics criteria for ingredients, production and packaging.

social retail/recycle

Flow Community Bookshop

T +852 2964 9483

1/F, 40 Lyndhurst Terrace, Central, HK
Flow of used books, CDs, VCDs, DVDs and new books & CDs

Lady Place

T +852 2854 2321

Unit A, 1/F, World Trust Tower, 50 Stanley Street, Central, HK
Online shop, showroom and consignment boutique with vintage and contemporary clothing, shoes and accessories mainly collected from Hong Kong celebrities

health care products

Rebound Health

T +852 2544 4055

17/F, The Strand, 49 Bonham Strand, Sheung Wan HK
Foods, vitamins and supplements

mothers and babies

Organic Baby

T +852 2882 6328

1B Sun Fung Mansion, 52-60 Lyndhurst Terrace, Central, HK
Baby apparel and gifts manufactured in socially and ecologically responsible ways: using certified organic materials and low-impact dyes.