

The heartbeat calendar ♥ November 2018 (Hong Kong)

Last updated on 20-Nov-18 – details at heartbeat.com.hk/calendar

November

1 World Vegan Day Conscious Cinema
3-10 Luxarity Pop Up
3 & 4 Standard Chartered Arts in the Park
3 Crafty Charity Social
4 & 5 2018 Walk for Nature
7 Closing the Loop
7 The Elephant Protection Initiative (EPI) Gala Dinner
7 Own Your Sexuality
8 Conscious Cinema: Heal
9-11 Clockenflap
10 & 11 GreenFest - Rethink our Food
10 Women's Empowerment DayFest
10 Symposium with Dr Jane Goodall
10 Wasted! The Story of Food Waste
11-18 Zero Waste Week
11 Public Lecture with Dr Jane Goodall
12 An Special Evening
12 The Art of War: A Choral Response to a Century of Conflict
15-17 Cosmprof
16 Finding your Balance Within
17 March of The Rainbow Penguins
20 Green Bonds and Loans
22-26 Social Enterprise Summit
24 Therapeutic Forest Bathing Experience
25 Solar Wellness Series
28 - 1 Dec Get Redressed Pop-up Shop
30 - 2 Dec HERspace Feminine Awareness Training
30 Quieting the Mind

Coming Up

December **1** Crafty Charity Social
December **7-9** The Garden Gathering
December **14** Finding your Balance Within
December **15** Green Queen Zero Waste Christmas Market
February **22-24** LOHAS Expo & Vegetarian Food Asia
June **13-16** Evolution - Asia Yoga Conference

Details on the website - heartbeat.com.hk - natural life in the fast lane

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