



## Hong Kong Phone Numbers ... naturally

Academy of Chinese Medicine USA	2382 3229	Clean Air Foundation	3526 7828
Active Communication	2525 7267	Clear the Air	2886 2655
Addiction Counsellors	9573 3900	Clearwater International Ltd	3112 0531
Adoptive Families of Hong Kong	2647 2512	Connections Unlimited / heartbeat	8108 7850
Adventist Vege Food	2177 3083	Connexion Psychology Practice	2881 8860
Aesop	2273 4320	Conrad Health Spa	2521 3838
AIDS Concern Hong Kong	Helpline 2898 4422	Consumer Council	2929 2222
Albert Place Practice	2234 9932	Copia	6103 0809
Alcoholics Anonymous or Al Anon	2522 5665 / 2578 9822 Cantonese	CORE Cosmic, IOB Comfort Building	2735 3261
Alessandra Fabrello Maklakoff	2108 4261	Cornerstone Health & Movement	3102 3219
Alexander Technique HK	2715 4577	Corporate Environmental Governance Program	2857 8641
Allen Carr's Stop Smoking Method	2911 7900	Cosman Health Group	2975 4114
American Nutrition Center	2542 2213	Counselling Psychology:Re-authoring Lives	2523 3780
Amnesty International	2300 1251	Creasians Company Limited	2893 1170
Animals Asia Foundation	2791 2225	Credit Agricole Asset Management Hong Kong Ltd	2521 4231
Annerley Midwives	2983 1558	Crossroads International	2984 9309
Appetite	2104 9008	CSR Asia	3579 8079
Arius Creations - Vegan Desserts	2836 3635	Curves, Central	2234 9000
Ark Eden	9277 4025	Dance for Joy	9527 4782
Aroma Energy Holistic Healing Centre	2526 6982	Diagnostic Colonic Irrigation	2808 1091
Aroma Naturals	2333 7525	Dr Josiah Auyeung Naturopathic & Osteopathic Clinic	2521 2111
Aroma Solutions Consultancy	9324 3868	Dr Unico Chan	2372 9910
Asia Health Equipment Co Ltd	2185 7333	Drs Owens, Trodd & Partners	2521 3181
Asia Pacific Aromatherapy Ltd	2882 2444	eat right	2868 4832
Asia Society	2103 9511	Ecovision Asia Ltd.	2868 5585
Asian Academy for Sports & Fitness Professionals	2578 9877	Elemis Day Spa	2521 6660
Asian Cultural Council	2895 0407	Essential Energy Aromatherapy	2895 4656
AsiaSpa Magazine	2165 2800	Fighting Fit Health Studio	2526 6648
Atlas Health	2540 5252	fit:hk	2869 7695
Aura Enlighten Ltd	6019 0286	Fitness First Health Clubs	3106 3111
Aussie Organics Ltd	2987 2498	Flex Pilates & Yoga Studio	2813 2212
australian organics	2575 3636	Flow Community Bookshop	2964 9483
Aveda	2737 3026	Frederique Holistic Health & Beauty Academy	2522 2526
AVP HK Foundation Limited	2838 8887	Frederique Holistic Health & Beauty Spa	2522 3054
Babylon Aromatics	2984 2091	Gao's Foot Massage Co	2123 9481
Balance Asia	2530 3315	Global Sage Alliance	2877 7191
Beaute Par Zai	2524 1272	Golden Elements - Hong Kong	2873 2322
BET Pilates Centre	2526 3706	Green Cottage	2982 2330
Bfit Brasil Fitnesswear & Dance Studio	2815 4838	Green Peng Chau Association	2983 8234
Bikram Yoga	3165 8080	Greenpeace China	2854 8300
Biotrek Bodyware	2744 5911	Harmony Café	3109 3152
Bliss Yoga with Jennifer Ryan	9765 7004	Harvester	2542 4788
Blooming Bellies	2983 1558	Haven of Tranquility	2791 2259
Body Conscious	2524 6171	HEAL (Homeopathic Empowerment Action Link)	2648 0826
bookazine	2555 0431	Healing Arts Centre	2922 3000
Borret Road Market	2523 6835	Healing Plants	2815 9448
Brain Body Centre Ltd.	2323 4927	Health Eden	3110 1618
Branto Indian Pure Vegetarian Food	2526 6559	HealthQuest Integrative Center	2865 2121
Break Free Ltd.	9273 2837	HealthTech	2369 3318
Business Environment Council	2784 3925	Health-Wise Chinese Medicine Consultancy	2526 7908
Byrne, Hickman & Partners	2526 7533	Heart of Eostre	2366 0266
California Fitness	2522 5229	Herbal Bliss	2676 2885
CANESI Coaching	8104 4123	Highgate House School	2849 6336
Carolyne Borel	9131 8566	HK Alley Cat Watch	9310 0744
CAT Scent	3104 2329	HK Chiropractors' Association	2375 5785
C'est la Vie	2840 0333	HK Society for the Protection of Children	2396 0264
Change Mastery Centre	2359 7011	Hong Kong Academy of Aromatherapy	2337 2308
Changing Young Lives Foundation	3118 6999	Hong Kong Aikido Kan	2861 0191
Charlie's Acupressure and Massage Centre of the Blind	2877 9888	Hong Kong Chinese Herbalists' Association Ltd	2892 1383
Chau's Chinese Geomancy	9026 9781	Hong Kong Holistic Centre	9379 2716
Child Welfare Scheme	2526 8810	Hong Kong Human Rights Monitor	2811 4488
Chinese Acupuncture Association	2547 0238	Hong Kong Marine Conservation Society	2314 3846
Chuan Spa	3552 3900	Hong Kong Mountaineering Union	2504 8124
City Tai Chi	8326 8282	Hong Kong Network on Religion and Peace	2806 3008

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Hong Kong Organic Country Ltd	2488 9016	NPH Chinese Medicine Centre	2152 9322
Hong Kong Organic Farming Association	2488 0602	Nu Health & Beauty Shop	2688 6992
Hong Kong Outdoors	2981 3523	NutriHealth Center	2550 0000
Hong Kong People's Council for Sustainable Development	8100 1119	Nutrition Centre	2577 3663
Hong Kong Psychological Services	2810 1993	Oasis Fitness Engineering Company Limited	2754 6868
Hong Kong UFO Club	8207 0990	O-Farm	2589 5363
Hong Kong Vipassana Meditation Centre	2671 7031	OMM	2302 1770
HydroHealth Colon Hydrotherapy Limited	2530 9999	OMWorld Lifestyles	2110 0884
Ignite	2525 3223	One Pilates Studio Ltd	2147 3318
Indigorolfing	9059 1554	One Trinity	2882 6002
Integrated Medicine Institute (HK) Ltd	2523 7121	Operation Smile	2827 8044
International Acupuncture Research Association	2573 8183 / 2891 5095	Optimum Performance Studio	2868 5170
International Acupuncture Society	2771 1066	Optimum Performance Studio	2868 5170
International Finance Corporation	2509 8100	Orange Wood	2522 0490
International Naturopathic College Ltd	2992 0320	Orbis	2877 9373
International Yoga Institute (IVI)	2368 9350	Organic Express Unlimited	2873 0720
Ishayas' TransMergence Asia	2887 1498	Organic Gardens International Ltd	2480 6247
Iso Fit	2869 8630	Organic Living Ltd.	2518 4988
JGO Holistic Aromatherapy and Health School	2578 3573	Organic Sense	2581 2899
Katterwall	2575 3931	Orient Spa	2151 7979
Kelcroft E&M Limited	2335 9830	OSIM	2173 7888
Kenneth Luk - House of Energy	8101 8078	Other Worlds Learning Services	2984 0006
Khana Khazana	2520 5308	Oxfam Hong Kong	2520 2525
Kingsway Fund Management	2877 1830	Oxyvital Ltd	2893 5928
Klavar Music Foundation of Great Britain	2982 1177	para/site art space	2517 4620
KOSMO, the wellness café	2868 2002	Passion in Art	6152 5569
Kozmic International	2836 6844	Paua Consulting	2845 3305
Kung Tak Lam Shanghai Vegetarian Cuisine	2367 7881	Paua Group Ltd	2522 3053
La Leche League Hong Kong	6130 9223	Paua Spa	2522 3054
La Merced	2547 0536	Paua Supplies	2845 3305
Lagune Designs	2551 1915	PeoplePlus Training & Consulting	2541 2126
Lamma Animal Protection	2982 4018	Perfect Beauty & Health Centre	2858 8936
Lantau Buffalo Association	2542 6312	Perfect Loving(TM)	2972 1799
Life Management Yoga Centre	2191 9651	Philopsychy Press	3411 7289
Life Organic Health Café	2810 9777	pHit	8116 6670
Life Solutions	2577 5557	Pioneer Global Investments Limited	3472 5000
Life Whole Foods	2155 8778	Planet Yoga	2525 8130
Lifestyle Medicine Center - Hong Kong Adventist Hospital	2276 7331	Plateau @ Grand Hyatt Hong Kong	2584 7688
Luminous	2914 1633	Po Lin Yuen	2723 2770
Martina Gebhardt Naturkosmetik	2895 4656	Pole Divas	9048 4489
Matilda International Hospital	2849 0111	Polestar Pilates Asia Inc	2869 8630
Medecins Sans Frontiers	2338 8277	Positive News	2982 2807
Mind Body (Asia) Limited	3106 3710	Power One	2369 1234
MIX	2971 0688	PowerSports Inc.	2808 1757
Modernized Chinese Medicine International Association	2559 9973	Pristine Living Ltd	2388 1983
Motorwave Co. Ltd	2368 0760	Produce Green Foundation	2674 1190
Moving Wheel	9042 3764	Progress-U Ltd.	2766 5445
mYoga	2390 7788	Protection of Animas Lantau South	2984 1628
Myopraktik Pain Relief Centres	2868 9328	PT Central	2167 7234
Mysteries	3102 9389	Pure Fitness	8129 8000
Mystique Natural Beauty Centre	2136 1816	Pure Retail	8129 8000
n balance club	2815 8099	Pure Spa	8129 8883
Nappypooh Limited	9120 0548	Pure Yoga	2971 0055
Natural Living	2847 3378-9	Quality Chinese Medical Centre	2882 1788
Natural Products Expo Asia	2975 9051	Quartz Rights	2851 9888
NatureFun	6449 9496	Rapee-Living	2515 0806
Nature's Blessing	2517 2135	Raymond Consultancy Company	9056 4618
Nature's Care Beauty Centre	2574 6988	Raymond Lo Feng Shui Consultancy	2377 4138
Nature's Garden	2810 0731	Recoveryworks	2552 3108
Nature's Village	2121 1637	RED Bar & Restaurant	8129 8882
NetworkCARE Hong Kong	2868 9792	Reflections - Bookshop & Resource Center	2504 1333
New Image Health & Fitness	2839 3688	Reflections Resource Centre	2735 3262
New Paradise Health Club	2574 8691	Refresh Footbath & Reflexology Centre	2525 8862
New Sensations HK	9043 7850	Regal House Holistic Institute	3162 3592

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Remedies	2573 3600	The New Sangeet Indian Restaurant	2367 5619
ReSource Counselling Centre	2523 8979	The Only Herbal Steam	2572 2223
Rhythm of Life Co.	2982 1846	The Organic Pharmacy	2882 5218
Rosy Cheek Beauty Salon	2810 7666	The Oriental Spa	2132 0011
Running Bare	2526 0420	The Physical Ladies Club	2572 8888
Safetalk Support Group	2603 7815	The Ring Thai Kickboxing Studio	2526 2989
Samaritans Anti-Drug 24H Abuse Line	2366 8822	The Royal Geographical Society - HK	2583 9700
Samaritans Chinese 24H Lifeline	2382 0000	The Salisbury YMCA of Hong Kong	2268 7099
Samaritans English 24H Lifeline	2896 0000	The Salvation Army	2572 2879
Sanctuary of Light	2987 1553	The Silva Method Hong Kong	2812 1988
Satyananda Yoga Hong Kong	2982 0270	The Society for AIDS Care	2559 2006
Seasons Fitness	2878 6288	The Spa at Four Seasons Hotel Hong Kong	3196 8900
Second Hand Shop	2975 9797	The SPIRIT of Hong Kong	2525 9422
Sense of Touch	2517 0939	The Spiritual Shop	2855 8382
Senses	2530 1029	The Studio Sai Kung	2791 9705
Shakti Healing Circle	2521 5099	The Sugi Centre Manipulation and Acupressure	2523 3717
Shape Your Life	9771 4961	The Travelers' Home	2380 9390
Simply Healthy Lunch	2137 9778	The Vitality Center	2537 1118
Simply Yoga	3154 9106	The White Rose Children's Foundation Limited	2551 3781
Simply Yoga	3154 9108	ThreeSixty	2811 4480
Soup Sense	2548 0362	Tian Yan Nei Gong Centre	2871 0430
Source Pure Spa	2880 0628	Tim Brown	2849 8776
South China Athletic Stadium	2577 6932	Tin Hau Pet Hospital	2104 2000
Spa Club Asia	2111 8780	Tin Heng Vegetarian Food Association	2507 4839
Spa For Life	2845 3305	TLC Wellness	8125 4832
Space Origin	2868 4682	Top Comfort Foot Massage	2391 6689
Spatacular	2521 1918	TranquiloAroma	2543 7151
Spaxman Limited	8103 7326	Treasure Island	2546 3543
Spirit Book Store	2385 7371	Tung Fong Siu Kee Yuen Vegetarian	2845 1199
St James Settlement	2835 4365	UBS Global Asset Management (Hong Kong) Ltd	2971 8888
St John's Counselling Service	2525 7207	Union Healthcare Ltd	2851 6837
Suicide Prevention Services	2382 0000	Universal Energy	2549 3332
Sunny Paradise Sauna	2831 0123	Urban Angels	2543 5496
Support Counselling Services	2506 6262	Vajradhara Buddhist Meditation Centre	2507 2237
SustainAsia Ltd	2633 9171	Veda Restaurant	2868 5885
Sutherland-Chan Centre	2544 5838	Vegetarian Court	2721 1298
Swiss Line Institute de Beaute	2905 1128	Vegetarian Dynasty Restaurant	2367 9010
Tai Po Environmental Association	2739 2481	Vegetarian Garden	2890 6660
Tak Bo Vegetarian Restaurant	2572 8022	Vegetarian Society of Hong Kong	8106 3322
Tamayura Healing Room	2869 1502	Vegi Feed Kitchen	2890 6660
Teak Limited	2366 8987	Vegi-Table	2877 0901
Teen Success	2987 2488	Victorian Spa at Disneyland Hotel	3510 6388
Tenderloin Fine Food Ltd	2877 2733	Virtue Herbal Medication Health Centre	2836 6844
Thai Massage School of Chiang Mai (HK)	2377 3307	Vita Green Health Products Co Ltd	2521 6567
Thai Traditional Therapy	2541 1108	Volunteer Space	2116 1212
The Art of Living Foundation	2311 2298	W Wellness Limited	2810 6208
The Beautiful Skin Centre	2524 2895	Wah Ha Vegetarian Restaurant	2366 8171
The Body Group	2167 7305	Waldorf School Foundation	9814 8189
The Body Shop	2542 6300	Waving Clouds Productions Ltd	2834 8866
The BodyTalk Clinic	2521 4388	Well-Being Centre at the Kowloon Club	2269 7833
The Candle Company	2545 0099	Wellsky Wholistic Health Consultancy	2834 5388
The Chiropractic Centre	2973 0353	WHO's Aromist	2333 7303
The Conservancy Association	2728 6800	Woodland Studio	2803 1979
The Delhi Club	2368 1682	Woodlands	2366 1945
The Firm	2525 6696	World Peace Café	2527 5850
The Fringe Club	2521 7251	WWF Hong Kong	2526 1011
The Green Cycle	8100 9979	Xtreme Green	2850 7137
The Higher Taste Vegetarian Dining Club	2739 6818	Yantasha Village	2834 6366
The Hong Kong Vegan Society	2443 6665	YMCA King's Park	2782 6682
The Iyengar Yoga Centre of Hong Kong	2541 0401	Yoga Central	2982 4308
The Jane Goodall Institute (Hong Kong) Ltd	2191 3007	Yoga Fitness	2851 8353
The Lavender Room Ltd	2541 9036	Yoga Limbs	2525 7415
The Natural Source	2528 9898	Yoga Plus	2901 2901
The New Age Shop	2810 8694	YogaKids	6079 1861

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