

The heartbeat calendar -- June 2017 (Hong Kong)

Last updated on 2-May-17 – details at heartbeat.com.hk/calendar

June

- 2** (6:30pm) The 20th Annual RGS Quiz Dinner (The Hong Kong Club)
- 2** (7-8:30pm) Hi! Houses (Asia Society HK)
- 5** (6:15pm) Monday Mindfulness for Beginners (IMI - Integrated Medicine Institute)
- 5** (6:30pm) Protecting the Elephants of Africa (Ming Hua College)
- 5** (6:30-8:15pm) Souls of the Vermilion Sea (Asia Society HK)
- 6** (6:30-7:30pm) Relax, Breathe and Meditate (All About You Wellness Centre)
- 8-11** (8am-7pm) Evolution - Asia Yoga Conference (Hong Kong Convention and Exhibition Centre)
- 8** (10:30am-12pm) Probiotics & Fermentation Workshop (All About You Wellness Centre)
- 9** (12:30pm) Homeopathy for Travel & Family Holidays (IMI Discovery Bay)
- 18** (10am-4pm) International Yoga Day at Asia Society HK (Asia Society HK)
- 27** (6-8pm) Conscious Networking (All About You Wellness Centre)

Coming up

- August 18-19 > Brownfield Asia Summit
- August 30-1 September > Natural & Organic Products Asia
- November 17 > AIDS Concern Gala Dinner